

Dragon Door's HKC (HardStyle Kettlebell Certified) Instructor Workshops—U.S. & Worldwide



Hardstyle Kettlebell Certification™ (HKC™)

September 26, 2010
Seoul, Korea

Pavel Tsatsouline's and Dragon Door's new
one-day, entry-level kettlebell instructor
certification workshop.

Learn how to master the essentials of
Kettlebell lifting and dramatically boost your
Power and effectiveness as a personal trainer
or coach.

Early Registration Discount Deadline: September 5

Date:
September 26, 2010 9am—6pm

Venue:
Gaia Yoga Studio
Guemho sangga 3F 240-32
Yemchang-Dong Gangseogu
Seoul, Korea

More information and to register online
www.dragondoor.com
HKC Workshops

HKC presented by:
Senior RKC Jon Engum

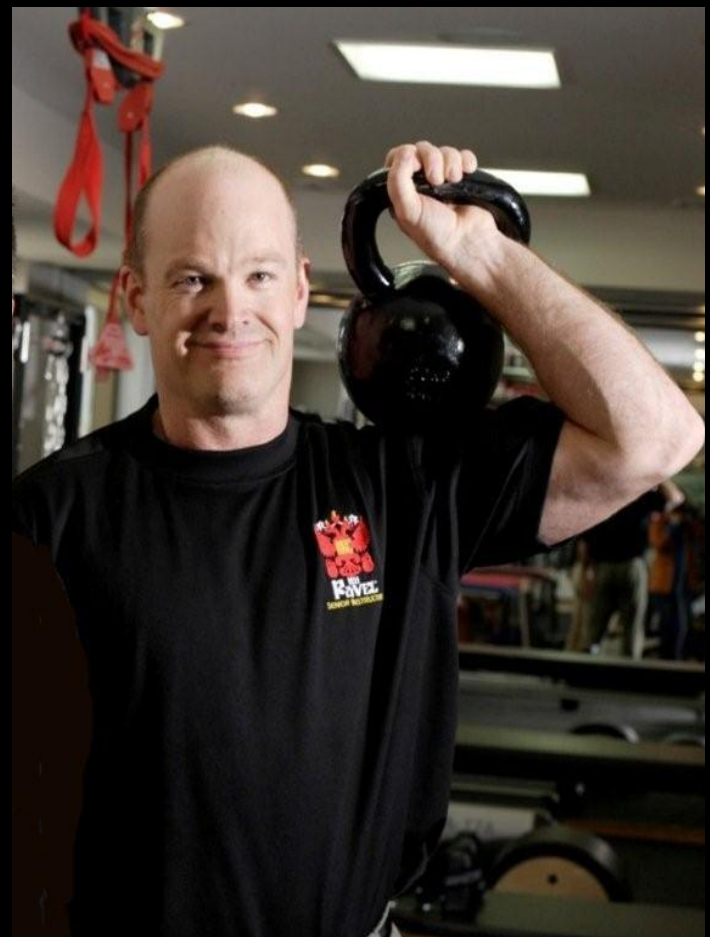


Photo Courtesy of Men's Health

